

If this is regarding an urgent matter, crisis, or a current inpatient needing to be seen on site, you will need to speak directly with a counsellor before arrangements are made.

## **INSTRUCTIONS**

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For legibility purposes, fill in all pertinent areas in printing only, then fax to the main office at 737-1856.

**Pertinent Additional Information/Documents** such as: probation information, release of information forms, any background information pertinent for case management such as violence or sex offender/victim etc.

**Student Referrals for 16 years and over \***: Upon faxing/mailing the referral please phone in and book the initial appointment through reception. The student may phone for an appointment directly if they prefer.

**\*Students between 12 and 16 years of age in need of Addiction Counselling services require a parent or legal guardian to sign our consent form prior to an intake appointment.**

**\*Students under 16 years of age requiring Mental Health services should be directed to either Integrated Services Northwest 737-3200(non-aboriginal) or Nodin Counselling 737-4646(aboriginal).**

**Northern residents** are usually seen through Nodin Counselling, however, under certain circumstances they are seen by our agency and therefore will need to have a short screen interview with one of our clinicians before any arrangements are made.

To print our Agency Brochure or Referral Forms visit our Web Page <http://www.slmhc.on.ca/cmhas.htm>

## **SERVICES OFFERED**

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**Our services are Free, Confidential, and are offered on a Voluntary basis.**

- Mental Health & Addiction Counselling
- Problem Gambling Counselling
- Needle Exchange Program
- General Information
- Community Outreach
- Assessment
- Treatment Referral
- Case Management
- Forensic Case Management
- Follow-up

## **TARGET POPULATION**

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- 16 years of age or older and their families for Mental Health
- Youths 12 years of age or older for Addictions services.

We encourage participation of partners and family members in the counselling process.

## **AREAS OF SERVICE**

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Sioux Lookout, Hudson, Lac Seul, Dinorwic, Savant Lake. A counsellor is available two days a month in Pickle Lake.

