



SIOUX LOOKOUT
Meno Ya Win
HEALTH CENTRE

Meno Ya Win News

March 2010
Volume 8, Issue 3

Working Hand in Hand with our Communities to Build a Healthier Future.

**SLMHC — on a
journey in the
Transformation of Care**

Patient Centered,
Service Oriented
Performance Focused

*“Look at life
through the wind-
shield, not the
rear view mirror”*

~Byrd Baggett

ONTARIO LABORATORY ACCREDITATION (OLA)



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Back row L—R: Leah Wu, Karen Parent, Cynthia Bogard, Rhea Rice, Donna Makahnouk, Joanne Rasetti, Valerie Anderson, Brad Caughell. **Front row L—R:** Crystal McEwing, Eryn Caruthers, Brenda Voth, Tammy Pelky, Fulvio Franceschini. **Missing from the photo:** Cindy Squires—Peyton, Lacey Dabrerer.

On Monday, March 1 and Tuesday, March 2, 2010 the Meno Ya Win Laboratory team participated in the Ontario Laboratory Accreditation (OLA) on site visit. Four Assessors representing QMP-LS (Quality Management Program - Laboratory Services), a division of the Ontario Medical Association, conducted the assessment. Accreditation is a mandatory requirement for all Ontario licensed laboratories. The assessment visit is a process that ensures laboratories meet explicit criteria in order to give formal recognition that the laboratory is competent. The criterion for accreditation is based on:

- ▶ ISO 15189:2007(E) Medical Laboratories – Particular Requirements for Quality & Competence

- ▶ ISO 15190:2003(E) Medical Laboratories – Requirements for Safety
- ▶ ISO 22870:2006(E) Point of Care Testing Requirements for Quality and Competence
- ▶ CSA Standard Z902-04 Blood & Blood Components, March 2004

In addition to the in depth and very detailed Laboratory review, the Assessors visited the patient care areas to observe standards of practice on how patients are identified prior to procedures, how specimens are collected and how blood and blood components were issued out of the Blood Banks. Interviews were conducted by the Lead Assessor with Isaac Sithole, representing

Continued on page 3...

Accreditation

Quality & Safety

MATTERS



THANK YOU!

Nearly 200 SLMHC staff directly assisted with the Qmentum Accreditation process by completing the **Worklife Pulse Survey**. Your help is greatly appreciated!

CONGRATULATIONS TO...

Estrelita Clarke: Winner of the \$100 Early Bird Draw

All SLMHC Staff: We're another step closer to achieving Qmentum Accreditation success!

* Survey results will be made available once the information has been compiled *

WHAT'S NEXT?

The 14 accreditation teams have analyzed the results of the Quality Performance Roadmaps (generated from the self-assessment surveys) in conjunction with the Standards of Excellence and are diligently working towards the development and implementation of action plans that will **improve the quality of patient care that SLMHC provides.**

STAY INFORMED & GET INVOLVED!

Check it out! Team standards, Quality Performance Roadmaps, and the results of the Patient Safety Culture and Worklife Pulse surveys are available on the intranet. Here you'll also find more information and announcements about our Qmentum Accreditation journey. Please take the time to familiarize yourself with the documents on this site and check it for periodic updates.

Your input is important! If you have any questions, comments, or suggestions regarding the accreditation process and our Continuous Quality Improvement journey, please contact your department's accreditation team representative, accreditation team leaders, the accreditation coordinator, and/or your manager. *Have your say!*

You may also contact Melissa Ayotte at mayotte@slmhc.on.ca or 737-2877 (2025) for more information.

Ten Challenges for Health Care Leaders – Part 2

This is the second article in the examination of Emily Friedman's "The Next Generation of Health Care Leaders: Ten Challenges" (Hospitals & Health Networks On-Line, April 7, 2009) and how these challenges affect how we will operate in the future. In this article, we will look at the third and fourth challenge that she identified.

Thesis 3: The health care leader works for the board, not the other way around.

The board of an organization provides the strategic direction and oversees how that direction is implemented. The Board has a responsibility to represent the interests of the community that they serve. They have a fiduciary responsibility to ensure that the assets (financial, physical and staff) are managed effectively but a social responsibility to guarantee that we are meeting the needs of the community.

As an organization, we have created a unique board structure called Odabiidamageg. The board has a proportional representation in that each of the communities that we serve is represented and that we can hear their needs. To supplement this, we have two co-chairs to lead the proportional representation and make sure that everyone is heard; an Elders Council and Traditional Healer to provide consultation and advice on program development; and advisors on First Nation's health issues to translate the issues into actionable goals.

...The health care leader works for the board, not the other way around. ...

By working for these groups, we are able to make certain that we are making every effort to meet the needs of the patient and clients we service everyday.

Thesis 4: The administration's relationships with clinical leaders must be amicable.

In a patient centered organization such as SLMHC accountability lies with both the administration and the interdisciplinary team to work together for excellence in patient care. As partners in care the interdisciplinary team along with hospital administration works collaboratively to maintain patient flow, promoting timely care for patients in the most appropriate setting by the right provider. In addition all parties endeavor to ensure the organization meets requirements laid out by the legislative, funding and regulating bodies such as the Ministry of Health and Long Term Care, the Hospitals Act and the Local Health Integration Network i.e. adhering to length of stay guidelines and reporting a death within 24 hours of hospital admission. An example of this is shown through bed utilization. The physicians and the discharge planner work closely together

to identify patients who can be safely discharged. This frees beds that can be used to repatriate patients from other facilities. All parties cooperating respectfully benefit the organization and the patients we serve.

These two theses speak to the relationship of us within the overall system. Without ensuring that we are able to work together we will not be able to move the organization forward. Please look for our next article on the next two theses in future newsletters.

~Gordon E. Hill, CMA, Chief Financial & Information Officer & Barb Linkewich, VP Health Services

...cont'd from front page

Ontario Laboratory Accreditation (OLA)

the Nursing Departments and with Dr. Leslie Myers, representing the Physician groups. They were given the opportunity to explain the relationship between their area of responsibility and the responsiveness of the Laboratory Services department along with any challenges that they have experienced.

The Laboratory was successful in achieving a mark of 99.8% and was granted the maximum allowable four year Accreditation Certificate. A heartfelt "thank you" to everyone for assisting the Laboratory in achieving this goal!

OLA/OLE!!

Karen Parent, Laboratory Manager

In Brief

Radio-a-thon Fundraiser

On the evening of February 17th the Wasaya Group and Wawatay Radio hosted a Radio-a-thon fundraiser for the CT Scanner. The event featured musicians and hourly draws where donors were eligible for prizes, along with conversation with people who are close to the Sioux Lookout Meno Ya Win Health Centre and the CT Scanner Project.

The evening was a great success with over \$15,000 in pledges received throughout the 6 hour event. Thank you to all who called in to pledge and thank you to the Wasaya Group for taking the lead once again in raising funds for the CT Scanner Project!

Thank you also to all of the sponsors: Wasaya Group Inc., Wawatay News, Wasaya Airways, John Beardy, Abe Kakepetum, Sporttop, Bonnie Moore, Pikangikum Northern Store, Bearskin Airlines, Dick & Nellie's, Home Hardware, Johnny's Fresh Market, Sunset Inn, DJs Gas Bar, and Mascotto's Marine.

~Kathryn Davidson, Development Officer, Sioux Lookout Meno Ya Win Health Centre Foundation

Thank you...

I would like to "Thank" everyone for donating the hats, scarves and mittens for the patients. It has been quite enjoyable to see the expression of surprise and happiness when we were able to tell patients we had mittens for them upon discharge, be-

cause they didn't have any. Even though it was a small thing, it was one last thing the patients had to worry about upon discharge. Please keep this project in mind next fall when you are cleaning out your closets of old hats, mittens and scarves.

Thanks Again
Cynthia Dwyer

On a side note:

Older men seem to be the more fashioniest than women. The men were more concerned about coordinating colors than the women.

Thank you...

I would like to thank Rob Martin for taking the lead on getting the code blue team up and running. Members include Rob Martin, Connie Getchey, Marcia Meijaard, Caro Wiebe, Glendene Schardt, Nicole Lamothe, and Dave Wilson.

~Dean Osmond, R.N., Manager of Acute Care & Specialty Areas

Workshop with Dr. Denyse Appelman



Elaine Pace & Dr. Denyse Appelman

On March 7, 28 people gathered at the Sunset Suites with Dr. Denyse Appelmans, Homeopath, for the workshop "Living Your Authentic Life". Dr. Appelmans presented a model for clearing a pathway to one's true self, in order to live an authentic, passion filled life. Participants engaged in an interactive format which included a community healing meditation, and a meditation on the breath. Interest was expressed in an additional workshop in the near future, which would allow for in depth work with this model. Stay tuned for more information!

Submitted by Elaine Pace, Community Counselling and Addiction Services

Welcome...



Alanna Capar

Please join the Community Counselling & Addictions Services in congratulating and welcoming Alanna Capar to her new role as Administrative Assistant commenced February 1, 2010.

Alanna can be reached at 737-1275, ext. 29 or by email acapar@slmhc.on.ca.

Welcome, Alanna!

In Brief

Thank you from the Foundation!

Breast Pumps Donated

The Foundation would like to thank Barb Linkewich, VP Health Services and the Salvation Army Thrift Store Community Care Committee for their recent donations to the Foundation's Equipment Fund for the purchase of Breast Pumps for the Health Centre's Maternity Ward. The pumps will benefit not only women at the Centre but also women in the entire community who now have access to the pumps as well. Thank you for your contributions!

Chocolate Raffle

Bonnie Findlay has graciously offered to make homemade chocolates that will be raffled on April 1st, 2010 with proceeds to the Sioux Lookout Meno Ya Win Health Centre Foundation. We hope everyone had the opportunity to purchase tickets. Thank you to Bonnie for making these delicious treats!

Quilt and Afghan Raffles

The Foundation would like to thank the Sioux Lookout Material Girls who recently donated proceeds from their 2009 Quilt Raffle to both the Sioux Lookout Meno Ya Win Health Centre's Mammography Fund and the Canadian Cancer Society. The Material Girls have already begun work on this year's Quilt, with the 2010 Raffle set to take place on Friday, August 6th. For tickets or for more information please contact Diane Derksen at 737-1893.

Sioux Lookout's Northern Knitters will be making two afghans that they will be raffling on August the 6th, 2010. Proceeds will go towards the Sioux Lookout Meno Ya Win Health Centre's CT Scanner Fund. The Foundation would like to thank the members of Northern Knitters for choosing to raise funds for the CT Scanner Project. For tickets or more information please contact the Foundation Office at 737-7997.

~Kathryn Davidson, Development Officer, Sioux Lookout Meno Ya Win Health Centre Foundation



Photo credit: Sioux Lookout Bulletin

From Left to right: Diane Derksen, Chair of the Material Girls Quilt Guild, Lisa Husak of the Canadian Cancer Society, Hazel Mills of Serenity Quilts, and Kathryn Davidson, Interim Development Officer, SLMHC Foundation.

The Sioux Lookout Meno Ya Win Health Centre Foundation is dedicated to raising funds for the new hospital, general equipment needs, and the W.A. George Extended Care, in order to enhance health care in our community. The following is a list of funds that **YOU** can donate to:

- CT Scanner
- General
- Mammography
- New Hospital
- WA George Extended Care
- Hospital Equipment



SIoux LOOKout
MENO YA WIN HEALTH CENTRE

Foundation

To make a donation, call Kathryn Davidson, Interim Development Officer, SLMHC Foundation at 807-737-7997 — cell 807-738-0566 or view our website at www.slmhc.on.ca and please visit our office at 69 Front Street. Thank you!

“Thank you...”



A big “THANK YOU “ to the Sioux Lookout Hospital Auxiliary Members for their fabulous fund raising lunch on March 5. Over 100 community and SLMHC Members attended the lunch. The money raised goes towards new equipment. Any one interested in joining the Hospital Auxiliary contact Lorraine Bennett or drop into their monthly noon time meetings the second Tuesday of the month in the 5th Avenue boardroom.

Submitted by Sharon Yule, Volunteer Coordinator & Special Project Manager



A special thanks goes to Amber, Angie and Donna for helping to man the Workplace Health and Wellness booth at the Body, Mind and Spirit Health Fair on March 6th and to all who stopped by to talk to us. This health fair was organized by Theresa Crann. The Health & Wellness information booth will be set up at the various sites over the next month so please take a few minutes to look at the resources.

Submitted by Sharon Yule, Volunteer Coordinator & Special Project Manager



Special thanks to Lab, X-ray, Pharmacy, Cardiac and Health Records for their tours and education discussions with Jennifer McKenzie’s college entrance biology class. Some day one of these students could be a SLMHC employee.



Estrelita Clarke, winner of the \$100 early bird draw. Melissa Ayotte, Administrative Assistant presents Estrelita Clarke, PSW with the \$100 early bird draw for the Patient Safety Culture Survey.

Working Hand in Hand with Our Communities to Build a Healthier Future
ΓΠσ VΣ- ∇ΛΓΔ·CσPLζ \ σCσ9Δ·σε? ρΔρ ΔεσβU \ Γ·εΔ·Δ·? Δ"Δ∇·Πσβ?.
Travailler main dans la main avec nos communautés pour construire un future plus sain.

I've Quit Smoking....Now What?

Part 2 of 3

I've Quit Using Tobacco and Now I'm Feeling....

Depressed

Positive things to do:

- ◆ Call a relative or friend
- ◆ go to a movie, a concert or a show with someone
- ◆ Use prayer or meditation

Insomnia

Positive things to do:

- ◆ Avoid caffeine after 6 p.m.
- ◆ Read in bed
- ◆ Allow 10—15 minutes “quite time” before bedtime

Irritability, Frustration, Anger

Positive things to do:

- ◆ Take a walk or exercise
- ◆ Talk to a friend or relative about how you feel
- ◆ STOP, close your eyes (unless you're driving) breathe in deeply through your nose and breathe out through your mouth (repeat this a few times)

Anxiety

Positive things to do:

- ◆ Do nothing for 10 minutes
- ◆ Do some stretching exercises
- ◆ Do one thing at a time

Difficulty concentrating

Positive things to do:

- ◆ Take breaks

Positive Things To Tell Yourself:

“I'm getting healthier.”
“I'm changing for better.”
“I'm feeling better.”
“I'm confident in myself.”

- ◆ Do important tasks when you are most alert
- ◆ Avoid sitting in the same position too long

Restlessness

Positive things to do:

- ◆ Try squeezing a rubber ball or “stress reliever”
- ◆ Chew sugarless gum or candy, a carrot or a toothpick
- ◆ Work on a hobby; take one day at a time

Increased Appetite or Weight Gain

Positive things to do:

- ◆ Eat snack products like pretzels or popcorn (no butter)
- ◆ Eat at least 5 servings of fruits and vegetables every day
- ◆ Eat lean cuts of meat and low fat dairy products
- ◆ Avoid “fast foods”, convenience foods and fried foods
- ◆ Walk whenever possible, aim for 20 to 30 minutes a day

- ◆ Drink lots of water
- ◆ Keep your “survival” bag with you at all times

For more information about smoking cessation:
 Contact Lisa Seamark, ext. 5112

Excerpt from A Northwestern Health Unit & Smoke-Free Ontario Initiative

Submitted by Sharon Yule, Volunteer Coordinator & Special Project Manager

11 COMMANDMENTS FOR AN ENTHUSIASTIC TEAM

1. Help each other be right—not wrong.
2. Look for ways to make new ideas work—Not reasons why they won't.
3. If in doubt—Check it out. Don't make negative assumptions about each other.
4. Help each other WIN and take from each other's victories.
5. Speak positively about each other and about your organization at every opportunity.
6. Maintain a positive mental attitude no matter what the circumstances.
7. Act with initiative and courage—As if it all depends on you.
8. Do everything with enthusiasm—It's contagious.
9. What ever you want—Give it away.
10. Don't lose faith—Never give up.
11. HAVE FUN!

...Ian Percy



Sometimes we or others that we work with can get frustrated in our jobs. When that happens we forget all the reasons why we went into a job and the difference that each one of us can make in our department and in the organization as a whole.

This article is a great exercise for all staff and it can simply start with a cherry good morning to everyone you meet or a simple please and thank you during the day.

This article sponsored by the Workplace Health & Wellness Committee

“If I Were Really Important...”

No one ever finds life worth living—he has to make it worth living.

Author unknown

In one of my “Dare to Connect” workshops, I instructed all my students to participate full-out in their jobs for one entire week. I asked them to “act as if” their actions really made a difference to everyone around them. The key question they were to ask themselves during the week was:

“If I were really important here, what would I be doing?”

And then they were to set about doing it.

Peggy resisted the assignment. She lamented that she hated her job in a public relations firm and was just biding her time until she found a new one. Each day was pure drudgery as she watched the clock slowly move through eight painful hours. With great skepticism, she finally agreed to try it for just one week—to commit 100 percent her job,

“as if” she really counted.

The following week, as I watched Peggy walk into the room, I couldn’t believe the difference in her energy level. With excitement in her voice, she reported the events of her week.

“My first step was to brighten up the dismal office with some plants and posters. I then started to really pay attention to the people I work with. If someone seemed unhappy, I asked if there was anything wrong and if I could help. If I went out for coffee, I always asked if there was anything I could bring back for the others. I complimented people. I invited two people for lunch. I told the boss something wonderful about one of my co-workers (usually, I’m selling myself!).”

Then Peggy asked herself how she could improve things for the company itself. “First, I stopped complaining about the job—I realized I was such a nag! I became a self-starter and came up with a few very

good ideas that I began implementing.” Every day, she made a list of things she wanted to accomplish and set about accomplishing them. “I was really surprised by how much I could do in a day when I focused on what I was doing!” she said. “I also noticed how fast the day goes when I am involved. I put a sign on my desk that said, ‘If I were really important here, what would I be doing?’ And every time I started to fall back into my old patterns of boredom and complaining, the sign reminded me what I was supposed to be doing. That really helped.”

What a difference a simple question made in just one short week! It made Peggy feel connected to everyone and everything around her—including the organization itself. And whether Peggy chose to stay in her current job or not, she had learned a way to transform any work experience.

~Susan Jeffers, PhD

“Staying Healthy ... One day at a time.”

Did you know that walking for at least a half hour, six days a week can cut mortality rates from heart disease in half? Walking regularly also lowers the risk of high blood pressure, diabetes, and some kinds of cancer.

Why not go for a walk today!

*Submitted by Sharon Yule,
Volunteer Coordinator & Special
Project Manager*

QUESTION OF THE MONTH...

WHAT IS YOUR ROLE IN PATIENT SAFETY?



Angela Monty, Practical Nurse
"Working together with the patient and other health care providers to ensure patient's safety needs are met."



Elizabeth Bernier, Ward Clerk
"Answer call bells, OE for patients. Check on the patients periodically. We as a team always look for our safety and the safety of the patients."



Tammy Wright, X-Ray Technologist
"As I work directly with our clients, I am responsible for making sure they are safe every moment that they are in my care."



Joséé Dúewel, Practical Nurse
"Patient safety is our #1 priority as "front-line" workers. Prevention is our main role."



Monica Chaudhuri, Doctor
"I follow all policies set forth by administration."



Helen Cromarty, Special Advisor on First Nations Health
"I do regional (Ont.) presentations on cross-cultural patient safety at OHA, FNIH, LHIN, etc."

From the Sioux Lookout Four Party Services Agreement, signed April 11, 1997

Principles

The following principles of service will be used in the new hospital:

- * high quality service which means that people will be:
 - ⇒ seen promptly or as soon as possible;
 - ⇒ told in a way that is understandable, what is the matter and what steps will be taken;
 - ⇒ well looked after;

- ⇒ listened to; and
- ⇒ treated with respect, dignity and compassion.
- * fairness and respect for all patients, residents and staff, with a commitment to move towards employment equity.
- * respect for the individual's right to confidentiality with care taken to balance this with the collective needs of families and communities.
- * full and equal access to all insured hospital and related services for all people of the Sioux Lookout District.



Tickle Me Elmo

A woman desperately looking for work goes into a Factory. The personnel manager goes over her resume and explains to her that he regrets he has nothing worthy of her. The woman answers that she really needs work and will take almost anything. The personnel manager hems and haws and finally says he does have a low skill job on the "Tickle Me Elmo" line and nothing else. The woman happily accepts. He takes her down to the line, explains her duties, and tells her to report at 8:00 AM the next day. The next day at 8:45 there's a knock at the personnel manager's door. The "Tickle Me Elmo" line manager comes in and starts ranting about the woman just hired. After listening to how badly backed up the assembly line is, the personnel manager suggests the line manager show him the problem. Together they head down to the line and, sure enough, Elmos are backed up from here to kingdom come. Right at the end of the line is the woman just hired. She has pulled over a roll of the material used for the Elmos, and has a big bag of marbles. They both watch as she cuts a little piece of fabric, takes 2 marbles, and starts sewing them between Elmo's legs. The personnel manager starts laughing uncontrollably. Finally, he pulls himself together, walks over to the new employee, and says: "I'm sorry, I guess you misunderstood me yesterday. What I wanted you to do was give Elmo two test tickles."



CORRECTION!

On behalf of the Celebration of People Committee, please accept our deepest apologies to both Georgette Tolar & Tina George for mistake in the front page of the February 2010 issue. In the photo above, Tina George is in the left side of the front row.

~Celebration of People Committee



Community Counselling
&
Addiction Services



Share for Hope Program Looking for Speakers

Update

November 17th, 2008 marked the commencement of the Share for Hope program. This program was designed to provide inspiration and hope to individuals residing at the Out of the Cold Shelter and has been well received by the shelter residents.

Every Monday morning at 7:30 a.m. a volunteer from the community comes into the shelter to share their story. They speak for 30-40 minutes about what their life was like when they experienced little or no hope, steps they took to overcome their own life struggles/issues, the supports used, and life after change. The speakers talk about issues as those faced by the Out of the Cold residents.

Looking for More Speakers

To date we have had 36 speakers and we are looking for more. The goal is to continue to provide this service long-term. We would like to invite you to contact Trish Hancharuk at 737-7207 or 737-4506 to book a date to speak. Your story could be the turning point for someone to have the courage to change their life!

Some Ideas to Share About

- Homelessness and your journey into housing
- Battle with mental health and addiction issues and your journey to wellness.
- Coming from a chaotic upbringing (i.e. parental substance abuse, fighting), how this affected you and steps taken to have a different life.
- Residential school impact and your healing journey
- Experience with trauma/abuse and the impact this had on your life, along with how you healed to have a better life.
- Unresolved grief and steps taken towards acceptance.
- Having a loved one struggling with an addiction issue, the impact this has had on the family, and how the loved one got better.

Trish Hancharuk, Counselor
Community Counseling & Addiction Services
Working in partnership with Out of the Cold Shelter

Handwashing
is the most
effective way to
fight the germs!



Anishinaabemodaa

Lesson: There are 2 kinds of vowels in the Ojibway language: long and short vowels. It's important to recognize the difference between these 2 sets of vowel sounds so that you can follow the set grammar rules.

- Short vowels:**
- i** as in pit (**abin**—sit)
 - o** as in book (**ozaam**—too much)
 - a** as in cup (**animoosh**—dog)
- Long vowels:**
- e** as in bed (**miigwech**—thank you)
 - ii** as in peek (**niin**—me)
 - oo** as in between soup and soap (**boozhoo**)
 - aa** as in doctor's "say ah" (**omaa**—here)

Reference: Talking Gookom's Language, by Patricia M. Ningewance

WORDS/PHRASES IN OJI-CREE ROMAN ORTHOGRAPHY

Cold	Dakaayaa
Hot	Kishide
<u>Sleep</u>	
Bed	Nibewin
Time to go to sleep.	Aasha danibaaniwan.
Are you able to sleep?	Gigagiinibaa na?
Do you want something to help you sleep?	Kegoon na ginadawendaan jiwijihiikoyan jinibaayan?
<u>Tired</u>	
Are you tired?	Gijaakii na?
Are you out of breath?	Gibahkanaam na?
Do you get out of breath easily?	Giwahkebahkanaam na?
<u>Walk</u>	
Are you able to walk alright?	Kwayak na gigagiibimose?
Do your feet ache?	Gitayahkozide na?
Is your leg sore?	Gidewikaade na?
Where?	Aandi?

Translation Provided by: Larry Beardy, Sioux Lookout, Ontario
Document Created by: Communications & Community Development, SLMHC

TOONIES FOR FRIDAY



SIoux LOOKOUT
MENO YA WIN HEALTH CENTRE

Foundation

Building the future of Health Care in Sioux Lookout, one toonie at a time...

Funds raised to date: \$1,368.93

The *Meno Ya Win News* is prepared by:
Communications & Community Development dept

All departments are invited to send updates to:

danderson@slmhc.on.ca



SIoux LOOKOUT
MENO YA WIN HEALTH CENTRE
Foundation

Pizza Fridays



MONEY RAISED TO DATE: **\$4,364.00**

This fundraising initiative is generously sponsored by:



Interpreter Services at SLMHC

- ☑ Interpreter services are available in the Oji-Cree, Ojibway, and Cree languages (dialects of the SLMHC service area).
- ☑ Interpreters are available at the 5th and 7th Ave Sites, and at the William "Bill" George Extended Care.

Hours of Service

Monday to Friday

7:00 am—7:00 pm at 7th & 5th Ave Sites—float
4:00 am—7:00 pm at Extended Care
7:00 pm—9:30 pm at 5th Ave Site—float
9:30 pm—12:00 am (mn) at 7th Ave Site—float

Saturday & Sunday

7:30 am—7:30 pm at 5th Ave Site—float
4:00 pm—7:00 pm at Extended Care
7:00 pm—12:00 am (mn) at 7th Ave Site—float

HAT SALES



*Ball caps for sale
\$20.00 each! Proceeds
to the Sioux Lookout
Meno Ya Win Health
Centre Foundation's
New Hospital Fund.*

Funds raised to date \$1,060.00



SIoux LOOKOUT
Meno Ya Win
HEALTH CENTRE

Slogan:

Working Hand in Hand with our communities to build a healthier future.

Mission:

We are more than a hospital!

We provide culturally responsive acute, long term and ambulatory care, mental health and addiction services, and community-based and traditional healing services to the Sioux Lookout area and to the northern First Nations.

We are *Meno Ya Win*:

We stand for: *Health
Wellness
Well-being
Wholeness*

Vision:

We will be a *Center of Excellence* for health through

*Enhanced Services
Partnerships*

and Care that is

*Patient centered
Service oriented
Performance focused*

Values:

We value compassion, fairness, integrity and teamwork.

We celebrate diversity.

We recognize different pathways to health.

... We do care!

PHOTO GALLERY



Helen Cromarty presenting at Conference in Fort Frances



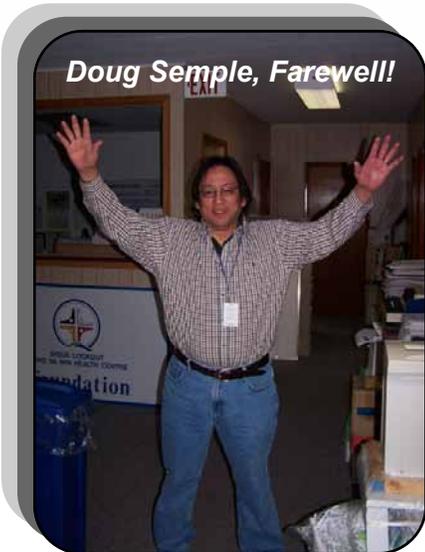
Canoe Overhead



Inpatient Rooms



Pond Hockey event in Sioux Lookout, Feb 2010



Doug Semple, Farewell!



Curtis MacDonald, Rehab



Angie and son Jacob Mc Cleary spending time at the Body, Mind and Spirit Health Fair.