



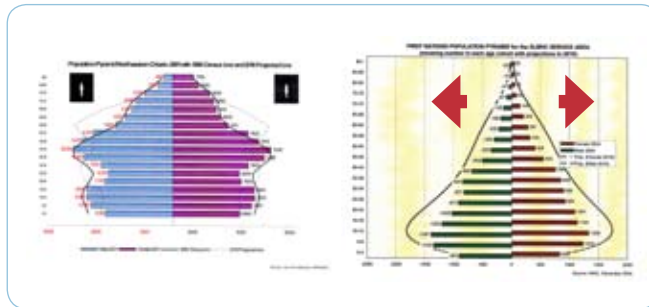
SIoux LOOKOUT  
**Meno Ya Win**  
HEALTH CENTRE

## The Meno Ya Win Elder Care Continuum: *Applying the “Aging at Home” Strategy to Meet Northern First Nation Needs*

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### Massive Increase in Elder Care

The demographics of the Sioux Lookout Meno Ya Win Health Centre (SLMHC) service area differ markedly from that of the mainstream Ontario population.



The extremely rapid aging of our 55+ First Nations population will place exceptionally heavy demands on the limited elder care services presently in place

### Aging at Home as the Answer

The NW LHIN and MOHLTC strategy of “Aging at Home” presents a viable opportunity to address this very challenging situation on a collaborative basis.

### Our Collaborative Strategy

Multiple partners are working together to ensure a comprehensive set of linked Elder Care services is available to the people of all 28 communities in our area. These will provide

- appropriate care in the right place
- adequate capacity and resources
- repatriation of people at a distance
- sustainable local capacity
- culturally sensitive and appropriate care and supports
- continuing provider collaboration, mutual support, and shared resources
- solid buy-in at the funding/policy level
- a full service continuum of linked Elder Care services close to home



### Key Stakeholders involved in this Initiative

- All 32 communities including representatives of NAN, First Nations Councils, First Nations communities, and Municipality of Sioux Lookout
- NW Community Care Access Centre
- St. Joseph's Care Group
- Sioux Lookout First Nation Health Authority
- Sioux Lookout Meno Ya Win Health Centre
- Health Canada/First Nation Inuit Health
- INAC
- NW LHIN
- Other care providers
- Clients

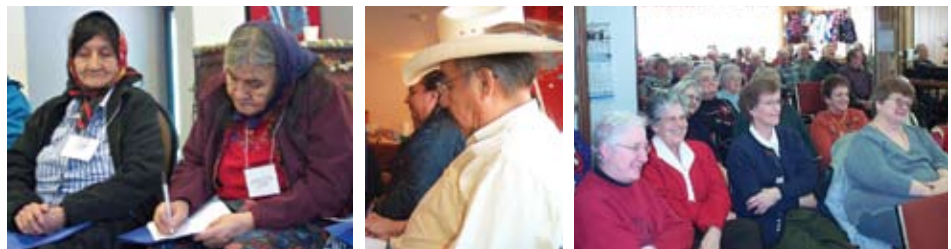


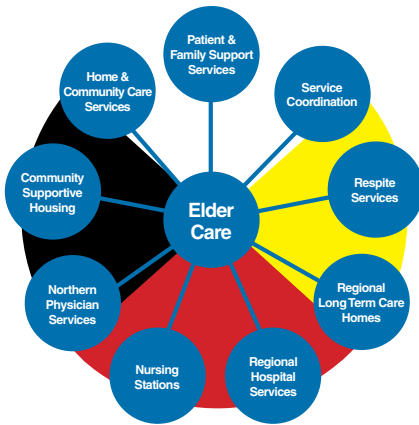
### Services for Seniors: A Local Priority, A Provincial Priority

The focus on Seniors' Services in this edition of LHINKages is very timely. The North West LHIN's Seniors' Services Advisory Team has started meeting, Health and Long-Term Care Minister George Smitherman recently announced a major project focused on seniors in Thunder Bay and the province has launched a special funding initiative specific to seniors....

LHINKages, November 2007

North West Local Health Integration Network





## Planned Elder Care Continuum

A Collaborative Aging at Home Strategy for Northwestern Ontario First Nations

Service	Service Expectation
<b>Home and Community Care Services</b>	<ul style="list-style-type: none"> <li>Community based nursing care</li> <li>Community based personal care support</li> <li>Meal preparation assistance <i>i.e. meals on wheels</i></li> </ul>
<b>Patient and Family Support Services</b>	<ul style="list-style-type: none"> <li>Social Work</li> <li>Caregiver Support</li> <li>Dementia Care Support including Psychogeriatric assessment</li> <li>Palliative care support</li> <li>Occupational Therapy and Physiotherapy</li> <li>Nutrition Counseling</li> <li>Implementation of Elder Health Promotion Strategies</li> </ul>
<b>Support Service Coordination</b>	<ul style="list-style-type: none"> <li>Case management</li> <li>Facilitation of Equipment needs</li> <li>Completion of functional, social and physical assessments for service utilization</li> <li>Placement facilitation - Supportive housing, Respite and Long-term care</li> </ul>
<b>Respite Services</b>	<ul style="list-style-type: none"> <li>Relief services for family/caregivers</li> <li>In community and regionally</li> </ul>
<b>Community Supportive Housing</b>	<ul style="list-style-type: none"> <li>Accessible Elder friendly housing</li> <li>Personal Care support</li> <li>Medication administration support</li> <li>Meal preparation assistance <i>i.e. meals on wheels</i></li> </ul>
<b>Nursing Station</b>	<ul style="list-style-type: none"> <li>Centre for medical care in community</li> <li>Telehealth access for specialist consultations</li> <li>Emergency health services</li> </ul>
<b>Northern Physician Services</b>	<ul style="list-style-type: none"> <li>Community based medical care</li> </ul>
<b>Regional Hospital Services</b>	<ul style="list-style-type: none"> <li>Inpatient Health services - Acute and Rehabilitative</li> </ul>
<b>Regional Long Term Care Homes</b>	<ul style="list-style-type: none"> <li>Residential Services</li> <li>Culturally appropriate care including interpreting services, traditional foods, recreation, foods and medicine and spiritual care</li> <li>Restorative Care</li> <li>Palliative Care</li> </ul>
<b>Education</b>	<ul style="list-style-type: none"> <li>TBD</li> </ul>
<b>Transportation</b>	<ul style="list-style-type: none"> <li>TBD</li> </ul>